

Display Screen Equipment (DSE)

This course can be completed using smartphones, tablets, laptops and desktops.



Type - Safety

Duration - 20 minutes

Sub Category - Personal Safety

Experience Level - Entry

Certified for three years



Course Information



Who is the course for?

The law applies if users are, for example:

- 1. at a fixed workstation
- 2. mobile workers
- 3. home workers
- 4. hot-desking



Will the course benefit me?

Wherever you work or access display screen equipment, this course will give you the knowledge to safely assess and set up your working conditions.



How will the course benefit my company?

Keeping safe is a benefit to all, by completing this training you will reduce the number of hours lost due to incorrect ergonomics and bad practices. All company's are required by law, to provide this training to employees using DSE.



What standards are referenced in the course?

This course is written to current HSE guidelines.



Is there an assessment?

At the end of the course, you will be asked questions to check your understanding. These are based on the learning objectives for the course. The pass mark is 80%.



Learning Objectives

The safe use of display screen equipment (DSE)

The extent of the potential health hazards from working with display screen equipment

Steps that can be taken to make sure you can work in a comfortable position

Security and manual handling when working remotely

Save use of a Smartphone

System Requirements

Internet Access - Users will need a computer or device with a web browser and an internet connection. System - Runs on desktop computers and tablets. Microsoft Windows 7, 8 and 10 and MAC OS. Apple Tablets running IOS 11. Browser - Runs on Edge, IE11, Chrome, Firefox and Safari, no plug-ins required Minimum browser size - 1024x672 Audio - Requires speaker or headphones. Notes - Suitable for smartphones.

Accreditation

IHF is an award-winning Human Factors company, chartered by the Institute of Ergonomics and Human Factors (IEHF), with a focus on Human Systems Integration, Training and Incident Investigation. IHF certify this Display Screen Regulations course and on successful completion of the course, you will be awarded a certificate.